

West Virginia Quality Collaborative for Eliminating Non-Medically Indicated Elective Deliveries Prior to 39 Weeks Gestation

> This report summarizes an effort undertaken in the state of West Virginia to reduce the number of elective deliveries prior to 39 weeks gestation. These deliveries were found to represent a significant percentage of the overall deliveries in the state and present both a clinical and economic issue due to the increased risk for maternal and neonatal complications that accompanies them.

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WEST VIRGINIA QUALITY COLLABORATIVE FOR ELIMINATING NON-MEDICALLY INDICATED ELECTIVE PRETERM DELIVERIES PRIOR TO 39 WEEKS GESTATION

BACKGROUND AND AIM

Rates of Cesarean section (C-section) and labor induction have increased dramatically in the United States over the past decade. In fact, between 1990 and 2008, the rate of labor induction increased 140% (1). The rate of C-sections has increased every year over the past 12 years, for a total increase of 56% between 1996 and 2008 (1,2).

West Virginia has also experienced an increase in labor induction and C-sections and has higher rates than the nation. In 2008, 35.9% of births occurring in West Virginia were induced (up from 31.3% in 2001), compared to 23.1% nationwide (1). During the same year, more than one-third (35.4%) of West Virginia births were delivered by C-section (up from 26.6% in 2001), compared to 32.3% nationwide (1,2). In addition, 45.3% of inductions and 55.9% of C-sections in West Virginia occurred prior to 39 weeks gestation (full-term) in 2008.

There is concern that many of these inductions and C-sections are not medically necessary and may be resulting in avoidable negative birth outcomes. In fact, in 2008, 58.4% of West Virginia births occurring prior to 39 weeks gestation had no documented medical risk factor. Guidelines of the American Congress of Obstetricians and Gynecologists (ACOG) do not support non-medically indicated elective deliveries prior to 39 weeks gestation. These births present both a clinical and economic challenge due to the increased risk for maternal and neonatal complications that accompany them.

PROJECT SUMMARY

The West Virginia Health Care Authority (HCA), in partnership with the West Virginia Health Improvement Institute, the West Virginia Perinatal Partnership, and the West Virginia Chapter of the March of Dimes, developed and implemented a collaborative to study and address the issue of non-medically indicated elective deliveries prior to 39 weeks gestation. In doing so, CSI Solutions, LLC, was utilized to launch the six month project that engaged 14 of the state's 30 hospitals that deliver babies. The participating hospitals represented 70% of the total deliveries in the state.

This report summarizes the activities and results of the initiative. Six months after the implementation of the Collaborative, the rate of elective deliveries prior to 39 weeks without a medical indication had decreased by more than 50%. One year after the completion of the Collaborative, the reduction has been maintained.

METHODOLOGY

The methodology used for the West Virginia initiative (see Figure 1) was a modification of the original Breakthrough Series (BTS) methodology. The original BTS methodology (see Figure 2) was developed by the Institute for Healthcare Improvement and has been demonstrated to provide a successful approach to introducing and testing changes intended to improve aspects of the health care delivery system. It includes a community of interested parties working together to improve a common set of goals and measures. A learning environment is created for the sharing of evidence based best practices, strategies and tactics for innovations. The model includes several important design attributes including:

- Use of evidence based change packages that allow participants to focus on easy to implement opportunities for improvement;
- Structured monthly reporting on a common core set of measures;
- Technical assistance from expert faculty and subject matter experts;
- The use of web-based technology to assist in communication and shared learning among the various communities and to support a knowledge management portal where resources, reports, and documentation of best practices can be housed and shared;
- Monthly telephonic and periodic face-to-face learning opportunities to accelerate learning and adaptation of concepts to the local environment.









The Collaborative process was focused around several face-to-face learning sessions. In between the structured learning sessions were "action periods." During action periods, teams used the Model for Improvement to re-design and improve the care delivery systems within their communities. The Model for Improvement is a strategy for testing, implementing, and spreading practice innovations. It includes use of plan-do-study-act (PDSA) cycles for rapid cycle improvement.

Throughout the process, the Collaborative teams interacted with each other and with the Collaborative leadership through learning sessions, listservs, conference calls, a virtual office, and sharing of reports. During action periods, a listserv and virtual office were helpful for sharing tools and lessons learned, obtaining answers to questions, generating ideas for addressing barriers, and identifying resources.

The West Virginia initiative began with the engagement of CSI Solutions, LLC, a consulting group with expertise in quality improvement methodologies, and the appointment of a Planning Group to advise on various aspects of the project. The Planning Group included a broad set of stakeholders, including two OB-GYN physician co-chairs, primary care providers, hospital representatives, payer representatives, and a representative from the West Virginia Chapter of the March of Dimes. The Planning Group was responsible for review and endorsement of the charter, determining participation, and review of progress throughout the initiative.

PARTICIPATION

After review of the hospital-specific data, the Planning Group decided to invite all 30 hospitals in the state with obstetrical services to participate in the collaborative. Fourteen hospitals responded to this invitation. Each identified an interdisciplinary team including hospital staff and community OB-GYN providers and their staffs. The communities participating in the Collaborative are listed in Table 1. The participating hospitals represent more than 70% of the deliveries in West Virginia, and thus it was expected that improvement in these organizations would result in a reduction in the overall state rate of elective deliveries prior to 39 weeks.

Community	Organization
Beckley	Raleigh General Hospital
Buckhannon	St. Joseph's Hospital
Charleston	CAMC
	Thomas Hospital
Huntington	Cabell Huntington Hospital
	St. Mary's Hospital
Lewisburg	Greenbrier Valley Medical Center
Morgantown	Monongalia Health System
	West Virginia University Hospital
Parkersburg	Camden Clark Hospital
Princeton/Bluefield	Princeton Hospital
Wheeling	Ohio Valley Medical Center
	Reynolds Memorial Hospital
Weirton	Weirton Medical Center

 Table 1

 Quality Collaborative Participants

ACTIVITIES

A variety of activities were implemented during the initiative:

 All teams participated in a face-to-face learning session on January 23, 2009. Team members were introduced to the evidence base for decreasing deliveries prior to 39 weeks gestation, related West Virginia statistics, the role of the March of Dimes as a resource for educational materials, models for quality improvement, and case studies of organizations already making changes and improvements in their delivery rates. Time was also allocated for teams to plan for the upcoming action period.

As part of this session, a harvesting exercise was completed to identify change concepts and ideas that hospitals were using, or thought to be using, in their efforts to reduce the number of elective deliveries. These change concepts were augmented by change concepts developed by the Institute for Healthcare Improvement specifically to address C-section rates, as well as change concepts presented by a national perinatal expert who participated in the learning session. The change concepts and ideas were packaged into a "change package" that was distributed to the hospitals. Participants used these concepts and ideas and tailored them to their own environment. Throughout the initiative, hospitals tested the change concepts and implemented those that resulted in improvements. The most common change ideas resulting in improvement are listed in the "Lessons Learned" section.

- All participants were entered into a listserv, an automatic mailing list that can be used to enhance communication between the teams and project team. When e-mail is addressed to a LISTSERV mailing list, it is automatically broadcast to everyone on the list. The result is similar to a newsgroup or forum except that the messages are transmitted as e-mail and are therefore available only to individuals on the list. Teams shared questions and information via the listserv.
- All participants participated in the virtual office, a communication system that allows teams to stay connected with the project team and each other during the action periods. Important documents such as guidelines and standards, as well as tools, such as induction and C-Section bundles, and forms were posted by staff or by participants for easy access. Presentations and data were also posted to the virtual office.
- Teleconferences took place monthly and were an opportunity for teams to discuss their successes and barriers and to share project progress. The project team also disseminated information and addressed questions during the calls.
- Calls with individual teams were made throughout the process to check on progress and assess need for technical assistance.

• A final report was presented by each team during a webinar on June 1, 2009. The teams received updated data and provided a report of their progress during the final part of the Collaborative. Each team presented a storyboard that detailed Collaborative experience and had the opportunity to share information about their results, challenges, most helpful changes, and plans for sustaining gains after completion of the Collaborative.

MEASUREMENT

The primary goal of the Collaborative was to eliminate deliveries when the gestational age of the infant is less than 39 weeks and there are no medical indications documented.

Initially, progress toward meeting the goal was to be measured using data collected and logged by each participating hospital. The log was to indicate the infant's gestational age; whether the method of delivery was vaginal or C-section; whether the labor was induced; whether there were medical indications for induction or C-section; and if the infant was admitted to the regular newborn nursery or the neonatal intensive care unit. Because this approach was deemed difficult and time consuming for the teams, it was decided that data recorded on the birth certificate would be used as the data source for this project.

Hospital teams chose to implement change concepts to reduce inductions and/or C-sections prior to 39 weeks when there were no medical factors that necessitated the delivery. Therefore, based on the information recorded on the birth certificate, the following indicators were used to assess progress toward meeting the project goal:

- Elective Inductions <39 Weeks = Births that were induced prior to 39 weeks gestation with no documented medical risk factor on the birth certificate.
- Elective C-sections <39 Weeks = Non-induced births delivered by C-section prior to 39 weeks gestation with no documented medical risk factor or complication.

Together, elective inductions and elective C-sections represent the total non-medically indicated elective deliveries prior to 39 weeks gestation.

Each month, birth certificate data were obtained from the West Virginia Health Statistics Center's Office of Vital Statistics. Historical data from 2008 was collected as a baseline measure to be compared to data obtained during and after the implementation of the Collaborative. Each month, the data were graphed and made available to the Collaborative participants.

Appendix A includes a copy of the West Virginia birth certificate used to collect the 2008 and 2009 data presented in this report. Included on the birth certificate are the medical risk factors and complications that can be documented at the time of delivery.

RESULTS

In 2008, 29.0% of all births occurred prior to 39 weeks gestation with no documentation of a medical risk factor. Certainly, some of these births occurred naturally due to the spontaneous onset of natural labor. However, a proportion of these births were electively delivered prior to 39 weeks when there was no medical indication necessitating the delivery. During the Collaborative, hospitals chose to implement policies and procedures aimed at reducing elective inductions and/or elective C-sections that occur prior to 39 weeks.

In 2008, before the initiation of the Collaborative, 2,929 of the 21,443 (13.7%) births that occurred in West Virginia were non-medically indicated elective deliveries prior to 39 weeks gestation (see Figure 3). In 2009, the total number of elective deliveries prior to 39 weeks decreased by 53.3%, to 6.4% of total births. These declines in elective deliveries impacted the overall percent of births that occurred prior to 39 weeks with no medical risk factor, which decreased from 29.0% in 2008 to 18.3% in 2009.

Between 2008 and 2009, a decrease was observed for both elective inductions and elective C-sections prior to 39 weeks gestation (see Figure 4). The rate of elective inductions prior to 39 weeks declined 60.2%, from 9.3% in 2008 to 3.7% in 2009. The rate of elective C-sections prior to 39 weeks declined by more than one-third, from 4.4% in 2008 to 2.7% in 2009.





Figure 4 Non-Medically Indicated Elective Births Prior to 39 Weeks Gestation by Type, West Virginia 2008 and 2009



The decline in total non-medically indicated elective deliveries prior to 39 weeks occurred primarily between January and June 2009, during the implementation of the Collaborative (see Figure 5). This decline was mostly attributable to a decrease in elective inductions prior to 39 weeks, which decreased from 8.3% to 2.7% of total births between January and June 2009.

It is likely that the declines observed during the Collaborative are a result of a combination of changes in coding/documentation practices and changes in practice patterns. However, the following results indicate that a true change in practice patterns occurred, resulting in fewer elective deliveries prior to 39 weeks gestation.

Between 2008 and 2009:

- The percent of births prior to 39 weeks decreased by 18%, while births with a documented medical risk factor increased 14%.
- The percent of births prior to 39 weeks *with no* medical risk factor declined 37%, while births prior to 39 weeks *with a* medical risk factor increased 10%.
- There was an overall decline of 6.1% in the percent of labor inductions. The percent of inductions prior to 39 weeks *with no* medical risk factor declined 60%, while the percent of inductions prior to 39 weeks *with a* medical risk factor remained stable (see Figure 6).

Since the end of the initiative, the overall declines have been maintained (see Figure 5). These results suggest that the changes adopted by hospital personnel positively impacted the rate of non-medically indicated elective deliveries prior to 39 weeks in West Virginia. Continuous monitoring and reporting of the data is essential to sustaining the positive results of the Collaborative.



Figure 5 Non-Medically Indicated Elective Births Prior to 39 Weeks Gestation by Month West Virginia January 2008 – October 2010*



Figure 6 Labor Inductions Prior to 39 Weeks Gestation by Month West Virginia 2008 – 2009

LESSONS LEARNED

While all of the participants in the Collaborative achieved some level of success, this was not achieved without overcoming a number of barriers. Some of those most commonly cited included individual physicians and the patients themselves. The patients put pressure on the physicians because they want to schedule deliveries for convenient times, perhaps due to work or family issues. They may not fully understand the risks to themselves or their babies if delivery takes place before 39 weeks. Physicians may agree to the mother's request, or may want to schedule for their own convenience as well. Better communication and education of patients, providers, and staff were considered to be the best ways to overcome these barriers. The March of Dimes demonstrated and offered some excellent educational materials for patients, as well as staff and providers. Participants also suggested adopting guidelines, including those for uniform calculation of gestational age or promulgated by the ACOG, and enforcing guidelines using peer review, as methods related to success.

Another major barrier identified, though one more easily addressed, involved how staff may record or enter birth data. Staff education on data collection and recording, as well the use of uniform data collection forms or flow sheets, can overcome this barrier.

A third barrier was the birth certificate form itself. Participants felt that there should be some update to the information collected so that statistical information contained is consistent with quality measures. This issue played out in inconsistencies between birth certificate data and information captured through internal hospital flow sheets or retrospective chart audit. It was reported by several teams that their manual review of hospital records revealed no deliveries prior to 39 weeks with no risk factors. However, the data reported on the birth certificate did not support this result. The state software for entering birth certificate information does not differentiate between elective procedures < 39 weeks and spontaneous labor < 39 weeks. This would seem to indicate that the numbers may actually be lower than reported from the birth certificate information and more work may be needed to ascertain the true numbers. As a result, the West Virginia Perinatal Partnership formed a committee to recommend solutions to address these issues. In 2010, the Office of Vital Statistics implemented revisions to the data collection section of the West Virginia birth certificate to accommodate the reporting of elective inductions and scheduled C-sections (see Appendix B).

The change package provided to participants included fairly general ideas that could be tested in the local environment of each hospital. Some of those that were successfully applied to drive improvement include the following:

- Education for patients, staff, providers, hospital administration, and the community. These took place in a variety of modalities, including one-on-one patient education, classes, and public awareness campaigns. Materials from the March of Dimes were frequently used. Education for providers and staff on policies and guidelines, such as the ACOG recommendations, were also effective.
- Setting policies of "no exceptions" for inductions and C-sections < 39 weeks if there is no medical reason.
- Medical record reviews and peer reviews of all elective deliveries < 39 weeks with no maternal risk factors and making sure reviews are continuous, sharing the information with providers, and continuous monitoring.
- Induction reservations and scheduling forms which clearly delineate standards and guidelines for inductions and C-sections; utilizing uniform flow sheets and checklists.
- Institutionalization of standardized induction and C-section bundles.
- Standardizing criteria and documentation, especially gestational age criteria.

STEPS NOW BEING IMPLEMENTED

The progress made during the collaborative period was significant and it is important to assure that these gains are not lost. Follow up as recommended by the planning group should include maintaining a regular system of monthly data aggregation and reporting to the state's hospitals. To reinforce the work and spread an understanding of the issues and risks involved in non-medically indicated elective deliveries prior to 39 weeks gestation, a number of strategies have been undertaken. These include:

- Poster development through the March of Dimes;
- Connecting with the Text4Baby initiative to include some specific messaging about elective deliveries prior to 39 weeks;
- Media involvement;
- Identification of education and awareness materials that can be provided to hospitals and provider offices;
- Encouraging hospitals to continue their review of all elective deliveries prior to 39 weeks.

Finally, consideration should be given to building on the momentum created by the success of this initiative to create a platform and approach for addressing other issues in the state.

REFERENCES

- 1. Martin JA, Hamilton BE, Sutton PD, Ventura SJ, Mathews TJ, Osterman MJK. Births: Final data for 2008. National vital statistics reports; vol 59 no 1. Hyattsville, MD: National Center for Health Statistics. 2010.
- 2. Menacker F, Hamilton BE. Recent trends in cesarean delivery in the United States. NCHS data brief, no 35. Hyattsville, MD: National Center for Health Statistics. 2010.

Appendix A

West Virginia Certificate of Live Birth, 1989 - 2009

25a. Mother's Social Security No. 25				s Social Security No.	25c. C	to you want Social Security No. issued to your child? Yes/No			
26a. Was HBV Giv	en? Yes/No 26t	b. If yes, give date	27a. V	Vas Serologic test for syphils enformed? Yes/No	27b. If yes, date	performed	27c. If no, state re	38300	
27d. Name of sero	logic test	gic test 27e. At what		at laboratory?		271. Was approved solution p		aced in eyes? Yes/No	
29. Cuban, Mexican, Puerto Rican, etc.\)				29. RACE - American Indian, Black, White, etc. (Specify below)			30. EDUCATION (Specify only highest grade completed)		
						Elementa	Elementary/Secondary (0-12) C		
28a.			29	a.		30a.		30b.	
285.			29	ь.		30c.		30d.	
31. PREGNANCY	HISTORY (Comple	ate Each Section)		33. MOTHER MARRIED? any time in between (At birth, conception, Yes/No)	or· 34. DAT	E LAST NORMAL MI th, Day, Year)	ENSES BEGAN	
LIVE 8	RTHS	OTHER TER	MINATIONS						
(Do not include this child) (Spontaneous and any time after con		and induced a conception()	35. MONTH OF PREGNA BEGAN - First, Secon	35. MONTH OF PREGNANCY PRENATAL CARE BEGAN - East Second Third are (Specify)		38. PRENATAL VISITS - Total Number (If none, so state)			
31a. Now Living	31b. Now Dead	32d.							
32a. DATE OF LAS	T LIVE BIRTH	32e. DATE OF LAS		37. BIRTHWEIGHT (Spec	cify Unit)	38. CLIN	ICAL ESTIMATE OF	GESTATION (Wee	
			39a. PLURALITY - Single, Twin, Triplet, etc. (Specify)		39b. IF NOT SINGLE - Born First, Second, Third, etc. (Specify)				
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40. APGA 40a. 1 Minute 42a. MEDICAL RIS (List all that a) 00 - None 01 - Anemta 02 - Cardiac D 03 - Acute or 04 - Diabetes 05 - Hynestens 06 - Hynestens 09 - Hynestens 09 - Hynestens 09 - Hynestens 09 - Hynestens 10 - Eclampaia 11 - Incomptie 12 - Previous 1 13 - Previous 1 15 - Previous 1 16 - Uterine Blue 17 - Other	A SCORE 40b. 5 Minute 40b. 5 Minute 5K FACTORS FOR 5000 5000 5000 5000 5000 5000 5000 50	41a. MOTHER TR. 41b. INFANT TRAI 1THIS PREGNANCY ociated	ANSFERRED NSFERRED? 44. CC (LI 00 02 02 03 04 04 05 06 06 06 06 07 07 07 07 07 07 07 07 07 07	PRIOR TO DELIVERY? Il yes, enter name i MIPLICATIONS OF LABOR AND/ st all that apply) None Febrie Meconium, moderate/heavy Premature nubure of membrane Abrupto placenta Meconium, moderate/heavy Premature nubure of membrane Abrupto placenta Official abor Precipious labor Precipious labor Precipious labor Precipious labor Precipious labor Precipious labor Precipious labor Precipious complication Feat distress - Other THOD OF DELIVERY (List all tha - Vaginal - Vaginal birth after previ - Repeat C-section - Encreans	If yes, enter nan of facility transferred to OR DELIVERY	47. CONGENITA (List all that a) 00 - None 01 - Anen 02 - Spina 03 - Hydro 04 - Micro 05 - Othei 06 - Heart 07 - Othei 08 - Recta 10 - Ompi 11 - Othei 12 - Malfo 13 - Rena	ANOMALIES OF CO ANOMALIES OF CO ANOMAL	HILD Jocele us system ispiratory Josis I fistula / roschisis al anomalies	
40. APGA 40a. 1 Minute 42a. MEDICAL RIS (List all that a) 00 None 01 Anemia 02 Anemia 03 Acute oc 04 Diabates 05 Genital He 06 Hypertens 09 Hypertens 09 Hypertens 09 Hypertens 09 Hypertens 09 Hypertens 09 Hypertens 09 Hypertens 10 Eclampaia 11 Finompetia 12 Previous 1 13 Previous 1 14 Previous 1 13 Previous 1 14 Previous 1 15 Previous 1	R SCORE 40b. 5 Minute 40b. 5 Minute 50 K FACTORS FOR 50 Py) 50 Sease 50 Py) 50 Sease 50 Py 50 Sease 50 Py 50 Sease 50 Py 50 Sease 50 Py 50	41a. MOTHER TR. 41b. INFANT TRAI TTHIS PREGNANCY occlated	ANSFERRED NSFERRED? 44. CC (U) 00 03 03 04 04 05 05 07 08 09 10 01 11 11 12 14 14 15 16 01 02 02 04 04 05 05 09 09 10 01 11 12 14 14 05 05 07 07 08 09 10 01 11 11 11 11 11 11 11 11 11 11 11	PRIOR TO DELIVERY? Il yes, enter name of MPLICATIONS OF LABOR AND/ st all that apply) Nonie Precipious Precipious Precipious labor Precipious labor	If yes, enter nan of facility transferred to OR DELIVERY	47. CONGENITA (List all that a) 00 - None 01 - Anen 02 - Spina 03 - Hydro 04 - Micro 05 - Other 06 - Heart 07 - Other 08 - Recta 09 - Trach 10 - Ompl 11 - Other 12 - Malfo 13 - Rena 14 - Other	ANOMALIES OF CI ANOMALIES OF CI ANOMAL	HILD Jocele us system spiratory losis I fistula / roschisis al anomalies	
40. APGA 40a. 1 Minute 42a. MEDICAL RIS (List all that a) 00. None 01. Anerta 22. Cardiac D 03. Acute or C 04. Diabetes 05. Genital He 06. Hypertens 06. Hypertens 07. Henroglob 08. Hypertens 09. Hypertens 00. Hyp	R SCORE 40b. 5 Minute 40b. 5 Minute 5K FACTORS FOR pply) sease Pronic Lung Disease inspathy Soligotydramnios inspathy Soligotydramnios inspathy Soligotydramnios inspathy Soligotydramnios Soligoty	41a. MOTHER TR. 41b. INFANT TRAI 1THIS PREGNANCY coclated	ANSFERRED NSFERRED? 44. CC (U 0 0 0 0 0 0 0 0 0 0 0 0 0	PRIOR TO DELIVERY? II yes, enter name of MPLICATIONS OF LABOR AND/ st all that apply) More Febrie Moren Febrie Monential apply) Premature nupure of membrane Anotop baccenta Placenta Previa Other excessive bleeding Seizures during labor Precipious labor Procipious labor Precipious labor Precipious labor Procipious lab	If yes, enter nan of facility transferred t OR DELIVERY	47. CONGENITAI (List all that a) 00 - None 01 - Anen 02 - Spina 03 - Hydro 04 - Micro 05 - Other 06 - Heart 07 - Other 08 - Recta 09 - Tract 10 - Ompl 11 - Other 12 - Malfo 13 - Rena 14 - Other 15 - Cleft	ANOMALIES OF CI ANOMALIES OF CI ANOMAL	HILD pocele us system spiratory posis I fistula / roschisis al anomalies pmalies	
40. APGA 40a. 1 Minute 42a. MEDICAL RIS (List all that a) 00 - None 01 - Anemia 02 - Cardiac D 03 - Acuts or C 04 - Diabetes 06 - Genital He 06 - Hydramik 07 - Hiamopiob 08 - Hypertens 09 - Hypertens 19 - Eccompais 10 - Eccompais 11 - Previous 13 - Previous 14 - Renal Dis- 15 - RH Senati 16 - Uterine Bi 17 - Other 42b. OTHER HIST (Complete all Tobacco use during Average number Weight gained duri	R SCORE 40b. 5 Minute 40b. 5 Minute 5K FACTORS FOR poly) 400 poly (1990) 400 poly (1990) 400 poly (1990) 400 poly (1990) 400 poly (1990) 400 pregnancy 400 pregnancy 400 pregnancy 400 pregnancy 400 pregnancy 400 pregnancy	41a. MOTHER TR. 41b. INFANT TRAI THIS PREGNANCY occlated	ANSFERRED NSFERRED? 44. CC (U 00 02 03 04 05 06 07 02 04 05 06 07 07 04 05 06 06 07 07 04 05 06 06 07 07 07 07 07 07 07 07 07 07	PRIOR TO DELIVERY? Il yes, enter name (MPLICATIONS OF LABOR AND/ st all that apply) None Febrie Meconlum, moderate/heavy Premature of measury Premature of measury Premature of measury Premature of measury Premature of measury Premature of measury Premature of the office of the office Precipious labor Precipious labor	If yes, enter nan of facility transferred to OR DELIVERY	47. CONGENITA (List all that a) 00 - None 01 - Anen 02 - Spina 03 - Hydro 04 - Micro 05 - Other 06 - Heart 07 - Other 08 - Recta 09 - Tract 10 - Ompl 11 - Other 12 - Malfo 13 - Rena 14 - Other 15 - Cleft 16 - Polyd	ANOMALIES OF CI ANOMALIES OF CI COPHAIUS COPHAIUS COPHAIUS ANOMALIES OF CI ANOMALIES	HILD gocele us system ispiratory iosis I fistula / roschisis al anomalies omalies	
40. APGA 40a. 1 Minute 42a. MEDICAL RIS (List all that a) 00 - None 01 - Anemta 02 - Cardiac D 03 - Acuts or C 04 - Diabetes 05 - Gental Inte 05 - Hancogto 06 - Hypertrans 09 - Hypertrans 10 - Eclampaia 11 - Incompte 12 - Previous 1 13 - Previous 1 14 - Renatilitation 1 15 - Previous 1 15 - Previous 1 15 - Previous 1 16 - Uterine Marchanse 1 17 - Previous 1 18 - Previous 1 18 - Previous 1 19 - Previous 1 10 - P	R SCORE 40b. 5 Minute 40b. 5 Minute 5K FACTORS FOR pply) 4000 phylocological finapathy kon, chronic kon, chro	41a. MOTHER TR. 41b. INFANT TRA 1THIS PREGNANCY coclated REGNANCY lay	ANSFERRED NSFERRED? 44. CC (U 00 02 03 04 05 06 07 08 09 10 11 13 14 15 16 01 02 02 04 05 06 06 06 06 06 06 06 06 06 06	PRIOR TO DELIVERY? Il yes, enter name i MPLICATIONS OF LABOR AND/ st all that apply) None Febrie Prespice process Prespice process Prespice and Prespice and Pre	If yes, enter nan of facility transferred to OR DELIVERY	47. CONGENITA (List all that a) 00 - None 01 - Anen 02 - Spina 03 - Hydro 04 - Micro 05 - Other 06 - Heart 07 - Other 08 - Recta 10 - Ompl 11 - Other 12 - Malfo 13 - Rena 14 - Other 15 - Cleft 16 - Polyd 17 - Club 18 - Diapt	ANOMALIES OF CI ANOMALIES OF CI ANOMAL	HILD Jocele us system ispiratory losis I fistula / roschisis al anomalies omalies ctyly / Adactyly a	
40. APGA 40a. 1 Minute 42a. MEDICAL RIS (List all that a) 00 - None 01 - Anemia D 02 - Cardiac D 03 - Diabates 04 - Diabates 05 - Genital He 06 - Hybertens 09 - Hybertens 09 - Hybertens 09 - Hybertens 09 - Hybertens 10 - Eclampaia 11 - Incompete 12 - Previous 1 13 - Previous 1 14 - Renail Dts 15 - RH Senati 15 - Other 42b. OTHER HIST. (Complete all Tobacco use during Average number Akcohol use during Average number Weight gained duri	R SCORE 40b. 5 Minute 40b. 5 Minute 50 K FACTORS FOR 50 Ppy) 50 Sease 50 Ppy) 50 Sease 50 Ppy) 50 Sease 50 Ppy 50 Sease 50 Sease	41a. MOTHER TR. 41b. INFANT TRAI 1THIS PREGNANCY coclated REGNANCY lail that apply) toring	ANSFERRED NSFERRED? 44. CC (U 00 01 02 03 04 05 06 07 08 09 10 01 11 15 15 15 15 16 01 02 04 04 05 06 04 05 06 06 07 07 08 09 10 01 11 11 15 15 15 15 15 15 15 1	PRIOR TO DELIVERY? Il yes, enter name of MPLICATIONS OF LABOR AND/ st all that apply) None Febrie Meconium, moderate/heavy Meconium, moderate/heavy Other econium, moderate/heavy Meconium, mod	If yes, enter nan of facility transferred to OR DELIVERY It apply) ous C-section	47. CONGENITA (List all that a) 00 - None 01 - Anen 02 - Spina 03 - Hydro 04 - Micro 05 - Other 06 - Heart 07 - Other 08 - Recta 09 - Trach 10 - Ompl 11 - Other 12 - Malfo 13 - Rena 14 - Other 15 - Cleft 16 - Polyd 17 - Club 18 - Diapt 19 - Other	ed from: ed from: ed from: ANOMALIES OF Cl pply) cephalus cephalus cephalus cephalus central nervou malformations circulatory / re al Atresia / Stern eo esophagea halocole / Gasti gastrointestina rmed genitalia I Agenesis urogenital and ip / palate actyly / Syndad foot musculoskelef	HILD Jocele us system ispiratory losis I fistula / roschisis al anomalies omalies ctyly / Adactyly a tal /	
40. APGA 40a. 1 Minute 42a. MEDICAL RIS (List all hat a) 00. None 01. Anerria 02. Cardiac D 03. Acute or C 04. Diabetes 05. Genital He 06. Hypertens 09. Hypertens 01. Armioce 42b. OTHER HIST (Complete all Tobacco use during Average number Acohol use during Average number 01. Armioce 02. Electronic 03. Induction 04. Stimulativ	R SCORE 40b. 5 Minute K FACTORS FOR pply) sease pronic Lung Disease provide the sease inspathy kon, chronic kon, chroni	41a. MOTHER TR. 41b. INFANT TRAI THIS PREGNANCY e occlated REGNANCY tail that apply) toring	ANSFERRED NSFERRED? 44. CC (U) 00 01 02 03 03 04 06 07 07 08 09 09 09 09 09 09 09 09 09 09 09 09 09	PRIOR TO DELIVERY? II yes, enter name of MPLICATIONS OF LABOR AND/ st all that apply) Nora Febrie Meconium, moderate/heavy Premature nupure of membrane Aboreto placenta Placenta Previa Other accessive bleeding Seizures during labor Precipious labor Proceptous labor Pr	If yes, enter nan of facility transferred to OR DELIVERY It apply) ious C-section	47. CONGENITAI (List all that a) 00 - None 01 - Anen 02 - Spina 03 - Hydro 04 - Micro 05 - Other 06 - Heart 07 - Other 08 - Recta 09 - Tract 10 - Ompl 11 - Other 12 - Malfo 13 - Rena 14 - Other 15 - Cleft 16 - Polyd 17 - Club 18 - Diapt 19 - Other 20 - Down 21 - Other	ANOMALIES OF CI ANOMALIES OF CI ANOMAL	HILD Jocele us system ispiratory Josis I fistula / roschisis al anomalies malies ctyly / Adactyly a tal /	

Appendix B

West Virginia Certificate of Live Birth, Effective 2010

GERTIFIED/	9. I certify that this child was bor	m alive at the place and time	10. DATE SIGNED	11. ATTEND	DANT:S NAM	IE AND TITLE (If other than certifier) If yes, print)		
ATTENDANT	and on the date stated.		(Month, Day, Year)	Name:				
	Signature		<u></u>	□ M.D. □ Đ	D.O D.C.N.M	 Other Midwife Other(Specify) 		
12. CERTIFIER	'S NAME AND TITLE (Type/Prin	t) Name		13. A	ATTENDANI	"S MAILING ADDRESS (Street and Number or Run	al Route No., City or Town, State, Zip	
□ M.D. □ D.O	\Box Hospital Admin. \Box C.N.M. (Other Midwife Other(Spectrum) Other(Spectr	ecify)	Code)				
42a. MEDICAL	RISK FACTORS FOR THIS	44. COMPLICATIONS OF	LABOR AND/OR DEV	IER (Check all	that apply)	47. CONGENITAL ANOMALIES OF CHILD (Che	ck all that apply)	
PREGNANCY	(Check all that apply)	None		00 🗅		None	00 🗆	
None		Febrile (> 100°F. or 38°C.)				Anencephalus		
Anemia (Het. <:	90/Hgb.<10)01 D	Promotive numbers of momb	۲	02 0		Spina Binda/Meinigoceie	02 =	
Cardiac disease	1 ma diama 02 a	Abrustic placenta	rane (> 12 nours)			Microcephalus		
Acute or chromo	of the poisease	Placenta presión		05 -		Other central nervous system anomalies		
Diabetes		Other excessive bleeding		06 □		(Specify)	05 🗆	
diamosi	is prior to this pregnancy	Seizures during labor				Heart malformations		
Diabetes	- gestational	Precipitous labor (< 3 hours				Other circulatory/respiratory anomalies		
diagnosis	s this pregnancy	Prolonged labor (< 3 hours)		09 🗆		(Specify)	07 🗆	
Genital Herpes	07 a	Dysfunctional labor		10 🏿		Rectal atresia/stenosis		
Hydramnios/Oli	gohydramnios08 🗆	Breech/Malpresentation		11 🗆		Tracheo esophageal fistula/Esophageal atresia		
Hemoglobinapat	thy	Cephalopelvic disproportion	a			Omphalocele/Gastroschisis		
Hypertension, ct	nronic10 🗆	Cord prolapse		13 🗆		Other Gastrointestinal anomalies		
Hypertension, ge	estational-PHI, Preeclampsial 1 🗆	Anesthetic complications		14 🛛		(Specify)	11 🗆	
HELLP		Fetal distress		15 o	1	Malformed genitalia	12 🗆	
Eclampsia		Other(Specify)		16 o		Renal agenesis	13 🗆	
Incompetent Cer	rvix14 □	Unknown		17 🗉		Other urogenital anomalies		
Previous Infant :	> 4000 grams 15 🗆	45. METHOD OF DELIVE	RY (Check all that apply))	1	(Specify)	14 □	
Previous pretern	n or small for	Vaginal			i	Cieft lip/palate	13 🗆	
Gestational age	infant16 🗆	Vaginal Birth after previous	C-section			Polydactyly/Syndactyly/Adactyly	16 🗆	
Renal Disease	17 0	Primary C-Section				Ciud Foot		
RH Sensitization	195	Primary C-Section-s	cheduled			Other musculoskeletal/integumental anomalies		
Other (Specify)	20 ~	Primary C-Section 4	mechadulad-SPOM	06 -		(Specific)	19 -	
Unknown(Specify)_	<u>60</u> 203	Primary C-Section-P	inscheduled-other (specifi	ied) 07 -		Down's syndrome	20 1	
ASP OTHER BIS	SK FACTORS FOR THIS	Repeat C-Section	inschoulder-outer (speere	08 □		Other chromosomal anomalies		
PRECNANCY ((Complete all items)	Repeat-C-Section-se	heduled	09 0		(Specify)	21 🗆	
Tobacco use dur	ing presnancy Yes D No D	Repeat-C-Section-u	ascheduled spontaneous la	abor10 🗆		Other	220	
Average number	cigarettes per day	Repeat C-Section-ur	scheduled -SROM			(Specify)		
Alcohol use dur	ing pregnancyYes D No D	Repeat C-Section-un	nscheduled-other (specifie	ed)12 🗆				
Average number	drinks per week	Forceps						
Weight gained d	uring pregnancylbs	Vacuum		14 🗆				
		Method of Delivery is unkn	own	15 0				
43. OBSTETRIC	C PROCEDURES FOR THIS	46. ABNORMAL CONDIT	IONS OF THE NEWBO	RN				
PREGNANCY	(Check all that apply)	(Check all that apply)			1			
None		None		00 🗆	l l			
Amniocentesis F	Fetal Monitoring 01 D	Anemia (Hct.< 39/Hgb. <13)	01 🗅			- 3.6	
Amriocen	tesis for Fetal lung maturity.02 🗆	Birth Injury		02 =		Was this birth funded by Medica	id? Yes 🗆 No 🗆	
Amniocent	tesis for chromosomal	Fetal Alcohol syndrome	BDC	- 10	i	Unknown 🗆		
abnormalities/of	ner	nyaine membrane disease/	KD3					
Electronic Fetal	Monitoring	Auxieted ventilation -20 min	7111C					
Elaction of labo	0F,	Assisted ventilation <50 mm	u					
Non Elective	Induction SPOM	Saizuras		. 08 -		JUUS PREGNANCY MARK AT LEAST-ONE CA.	LGORY IN EACH COLUMN	
Non-Elective	Induction-for medical	Other(Specify)		09 -			-*	
indications	And a control included	Unknown		10 0				
Non-Flactive	Induction-other(specify) 09 m	0.000/011						
Stimulation (Ap-	smeaturing) of labor							
Tocolysis	lin lin				1			
Ultrasound								
Other			7	$\langle \gamma \rangle$		$\langle \mathcal{L}, \mathcal{N} \rangle = \langle \mathcal{L}, \mathcal{N} \rangle$		
Unknown				N. 2		Sec. 2	Same of	